



Gymnastics Birthday Parties Frequently Asked Questions

How many participants can attend and who counts as a participant?

The maximum number of children able to participate in the gymnastics portion of the party is 18, including siblings.

Up to 24 participants can be accommodated for an extra \$50 fee, contingent on the availability of an additional coach. If your party includes more than 18 participants, please contact the Registration Office at least 2 weeks in advance of the party and we will do our best to secure an additional coach. The more notice we receive, the more likely we will be able to find an additional coach.

What is the refund policy?

Option 1:

If our main registration office or the Active Kids Program Assistant receives a request to cancel a booked birthday 11 or more business days before the scheduled birthday event date, then we will provide a full refund or equivalent credit, minus a \$25 administrative fee.

Option 2:

If our main registration office or the Active Kids Program Assistant receives a request to cancel a booked birthday 6 – 10 business before the scheduled birthday event date, then we will provide a 50% refund or equivalent credit.

Option 3:

Cancellations made 0 – 5 business days before the scheduled birthday event date will not receive a refund or credit of any kind unless it is for medical reasons. In this case, a medical note will need to be provided.

How many coaches are included in the birthday party and what is their role?

During the gymnastics gym time three experienced and enthusiastic coaches will lead your party through a series of exciting games and activities. The coaches do NOT supervise the 45 minutes in the party room; this time is to be supervised by the parents/party hosts. For parties greater than 18 participants, please contact the Registration Office to secure a fourth coach.

What should participants wear and bring to the birthday party?

Participants should wear comfortable athletic clothing and socks and shoes will be taken off. Hair should be tied back and jewelry will need to be removed. We recommend that participants bring a water bottle.

Is any parent participation required?

While in the gymnastics gym, children less than 4 years old must be within arm's reach of an adult (other than a coach) at all times. Children older than 4 years of age participate independently.

Can parents watch the gymnastics portion?

Yes, parents are able to watch the gymnastics portion from the viewing area in the gym.

What does the timing of the party look like? How does it run?

The party consists of an hour and 15 minutes of gymnastics time, followed by 45 minutes in the party room. You may access the party room 15 minutes before the gymnastics portion of the party ends and must vacate the party room immediately following the end of your scheduled party time.

For example, if your party was at 3:00pm, the gymnastics portion of the party would run from 3:00-4:15pm. After gymnastics, the participants would move to the party room from 4:15-5:00pm. The party room would be accessible to parents/party hosts at 4:00pm for any necessary set-up.



Am I able to decorate the party room?

Yes, decorations are permitted. Parents/party hosts are responsible for cleaning up after themselves and removing any decorations. Please ensure all clean-up is done by the scheduled end time of your party.

Who is responsible for clean up?

The client is responsible for clean-up. Garbage and recycle bins will be provided in the room. Please make sure to leave the room the way that you found it!

Am I allowed to bring alcohol for parents?

No. There is absolutely no alcohol allowed.

Is there access to a fridge?

No, there is no access to a fridge, only a small freezer located in the dispensary across from the gym.

Is there parking near the Osborne Centre?

The closest parking is a surface lot located between the Osborne Centre and the Doug Mitchell Thunderbird Arena. Additionally, Thunderbird Parkade is a short walk away located at 6085 Thunderbird Boulevard V6T 1Z3. Both locations are paid parking.

Do all participants require waivers?

Each participant is required to have a completed 'Active Kids Minor Waiver' to participate in the birthday party. These waivers must be filled out by the legal parent/guardian and will be sent via a confirmation email.

Am I allowed to take photos during the party?

Yes, photos may be taken by parents during the birthday party.

If you have any further questions or wish to request an extra coach for your birthday party please contact us by phone at 604-822-0207 or by email at kin.outreach@ubc.ca